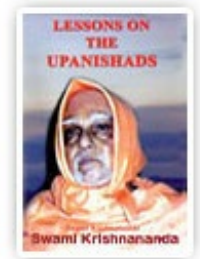


eBooks on Upanishads

Lessons on the Upanishads

Swamiji talks about the importance of the Upanishads as well as what is required for understanding them. The essence of the main Upanishads is discussed.



Essays on the Upanishads

A scholarly and in-depth exposition of the Isha, Kena and Katha Upanishads. Beautifully presented and mystical.

[French translation](#)

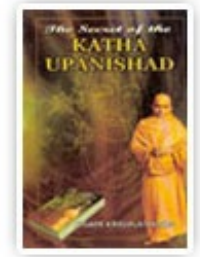


The Secret of the Katha Upanishad

A psycho-philosophical analysis of the contents of the famous Katha Upanishad. The Katha Upanishad traces through the zigzag movements of the soul from personal individuality through cosmic vision until it reaches the Absolute.

Commentary on the Katha Upanishad

Here Swamiji gives a verse-by-verse commentary of the Katha Upanishad. There is also a transliteration and translation of each verse.



The Esoteric Significance of the Kathopanishad

This is a series of discourses that Swamiji gave during a special Sadhana Week that was held in April, 1982, on the occasion of Swamiji's 60th birth anniversary.

The Essence of the Aitareya and Taittiriya Upanishads

An acute analysis of the Upanishadic doctrine of universal creation and the involvement of individual suffering when the individual separates itself from the cosmic structure.

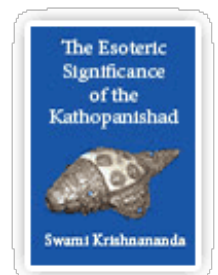


The Mandukya Upanishad

The quintessential teaching of the Mandukya Upanishad of the Atharva Veda unfolded with lucidity. A profound analysis of the waking, dream and deep sleep states by the seer and sage of deep insight.

The Mundaka Upanishad

Among the Upanishads, the Mundaka is regarded as one of the most important. It throws a flood of light on the Jnana Marga (path of Knowledge) and leads the aspirant to the highest rung in the ladder of Jnana.

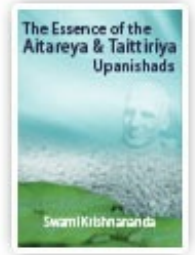


Commentary on the Mundaka Upanishad

Here is a verse-by-verse commentary of the Mundaka Upanishad, with a transliteration of the verses. As always, Swamiji brings out the essential meaning of this holy scripture.

The Chhandogya Upanishad

This is of the most prominent among the major group of philosophical and mystical texts constituting one of the threefold foundations of India's spiritual lore, the tripod of Indian culture, being constituted of the Upanishads, the Brahmasutras and the Bhagavadgita.



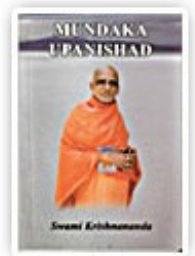
The Brihadaranyaka Upanishad

This is a highly advanced philosophical and mystical text, and is one of the major Upanishads constituting the basic canons on which the whole philosophy of India and its general outlook of life may be said to be founded.



An Analysis of the Brahma Sutra

Interpretation of the Upanishads and an exposition of inexplicable propositions made in the Upanishads which an ordinary intellect cannot grasp directly.



The Brahma Sutras as a Moksha Shastra

In this series Swamiji focuses primarily on the fourth and most important chapter, called Phala Adhyaya, The Fruit of Knowledge, which deals with the attainment of liberation.

Brahma Sutras by Swami Sivananda

A clear and easy exposition by Swami Sivananda. Swamiji has given useful information which will not be found elsewhere. An elaborate introduction precedes the work, along with a short introduction and summary of the different Adhikaranas (Topics) preceding each Pada (Section). Each Sutra contains a word-by-word and a running translation as well as commentary.

